

## Reading and West Berkshire Upcoming Support Groups

For further details call 0118 324 7333



Area	When /Where	Feb	March	April	
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### Groups for carers of people with any disability or illness

<b>Lambourn</b>	Lambourn Memorial Hall, Oxford Street, Lambourn, RG17 8XP. 10-12 pm	15th	15th	19th	Every 3rd Thurs
<b>Pangbourne</b>	Pangbourne Small Village Hall, Station Road, Pangbourne, RG8 7DY. 12 noon -2 pm	7th	7th	4th	Every 1st Wed
<b>Newbury</b>	Winchcombe Place, Maple Crescent, Newbury RG14 1LN 10am -12pm	22nd	22nd	26th	Every 4th Thurs
<b>Hungerford</b>	Hungerford Community Fire Station, Church Street, Hungerford. RG170JG 10:30 am - 12:00 pm	20th	20th	18th	Every 3rd Tues
<b>Reading</b>	Stroke-Whitley Community CAFÉ, 252 Northumberland Av RG2 7QA 10-12pm	1st	1st	5th	Every 1st Thurs
<b>Caversham</b>	The Griffin, 1st Floor Meeting Room, Church Road, Caversham, RG47AD 11am -12.30 pm	5th	5th	2nd	Every 1st Mon
<b>Reading Afternoon</b>	Room 1 Risc, 35-39 London Street, Reading, RG1 4PS 2.30 pm -4 pm	14th	14th	11th	Every 2nd Wed

### Groups for carers of people with Mental Health Conditions

<b>Thatcham</b>	Taste of England Pub, Lower Henwick Farm, Thatcham, RG193AP 10am - 12PM	21st	21st	18th	Every 3rd Wed
<b>Thatcham Evening</b>	Hillcroft House, Rooke's Way, Thatcham, RG18 3HR. 6:30 pm - 8:30 pm	14th	14th	11th	Every 2nd Wed